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**CHARTER
STANDARD
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Worthys YFC

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Easter 2007 Update

Our third newsletter reports on the continued success of the Worthys YFC and teams, together with more activities for adults to join in.

Although the end of the 2006/07 season is approaching fast, we are busy planning the end-of-season presentation evening and our first night at the races. We also continue to focus on the future of the club and our move into 2007/08; with new teams being established.

We hope you have enjoyed your football during the winter and are continuing to enjoy the latter stages of the season.

Enjoy the holiday and have a great Easter.

Yours in Sport

Andy, Pete and Mike



End of Season Presentation Evening: Friday 18th May 2007



Make a diary date now for the 2007 WYFC Presentation Night, at IN-TECH Science Centre outside Winchester, on 18th May.

This is a real red-carpet evening for players, parents, relatives and friends. There will be trophies for each team member – including the coveted Players' Player awards - as well as (short) speeches and plenty to eat and drink. The event is staggered this year, with the food mid-programme and time for everyone to have a go on the Centre's exhibits. Tickets and more details will be available from your manager shortly.

U8s & U9s teams get ready for 2007/08

Two new teams have been established recently in preparation for the 2007/08 season.

- The **U8s**; catering for both boys and girls who are currently in Year 2 (i.e. under 8 years old but 7 by the 31st August 2007).
- The **U9s**; catering for both boys and girls who are currently in Year 3 (i.e. under 9 years old but 8 by the 31st August 2007).

Contacts:

U8s Tony Roberts : 01962 622 365

U9s Tom Andrew-Power : 01962 880 519



BE PART OF THE TEAM

In-form Under 9s storm to TWYFL Cup Final

The Under 9s have ridden a wave of form to make the Testway Youth League (TWYFL) Cup Final.

The road to glory saw us knocking out Whitchurch FC, unbeaten in the league, in a first-round 2-1 thriller.

Redlynch's tiny pitch in the semi hampered our natural passing game, but we deservedly emerged 1-0 with the dream, if not supporters' fingernails, intact.

The final is against CK Andover on 12th May at Andover New Street. With CK just above us in the League, it promises to be very close.

Travelling support is welcome - but maybe best avoided by those of a nervous disposition?

Contact Tim Beanland: 01962 883 505

Under 14s Girls win WDGFL Cup Final.....

.....but which team is it?

Saturday May 5th 2007 will be the day that one of the Worthys U14s Girls teams wins its first cup trophy. However, which team it is has yet to be decided!

This is because both the U14s A and U14s B teams will face each other in the Winchester and District Girls Football League (WDGFL) Cup Final at the Garrison Ground.

The final proves to be a nail-biting affair, with both teams set on winning the cup.

Support from all teams is welcome.

Contacts:

Grahame Robb (U14sA): 01962 880 145

Carole Beecraft (U14sB): 01962 884 927

A Night at the Races Saturday 30th June 2007



It gives us great pleasure to advise you that we will be holding our first ever Race Night at The Worthies Sports & Social Club, Eversley Park on Saturday 30th June, 2007.

The evening is designed to be a mixture of Fun and Fundraising with seven races planned on the Card. It will very much be an event where audience involvement is encouraged along with moderate betting however should anyone know a High Roller Las Vegas Gambler then please feel free to invite them !!

In advance of the Race Night your Worthys YFC Manager will be looking for Owners to purchase Horses that will run on the night; with extremely good Prize Money to be Won it is advisable to buy your Trustee Stead at the first available opportunity as competition will be fierce. All Owners will have the chance to select their Jockeys on the Night thus giving them that feeling of being in full control, so don't hesitate Mrs. Beanland!

Ian Snellgrove will also be looking for Sponsors of all Seven Races therefore if are willing to aid us or have friends or family that are keen to support the Club could you please contact him, as all Offers will be seriously considered.

The first race will start at 8.30pm therefore could all Racegoers please be at the Course by 8.00pm.

Please also note that Food will not be available on the evening.

Lastly, make sure that you put the date in your diary straight away and start saving your pennies so that you can have a reasonable flutter on the Night.

Contact: Ian Snellgrove: 01962 881 385

Worthys YFC ban bladed football boots

Blades are a special type of stud, so-called because of their shape. They are designed to grip the turf, allegedly offering more stability for the player when turning and pivoting.

However, reports as to the injuries that can be caused by blades are not uncommon and have affected many professional players resulting in skin lacerations, knee ligament and metatarsal injuries.

Many players have received cuts and lacerations from collisions with their opponents who were wearing blades that were either sharp or damaged.

Other players have suffered cruciate ligament damage whilst wearing blades. This is because when the player turns to move in a different direction, the lower leg remains stationary as the blade digs into ground but the knee and upper leg move in the required direction. Hence, resulting the injury. This can be avoided by wearing traditional studded boots.

The metatarsal injury has become common place and many managers are blaming this on the bladed boot. The Manchester United Manager, Alex Ferguson, was convinced that this was the cause of Roy Keane's injury in 2005. He has stated that there was evidence of a blade shaped mark on the broken foot. Other players who have experienced similar injuries include Wayne Rooney, Gary Neville and Ledley King (of Spurs). Manchester United has subsequently banned blades. It says that in the absence of any firm medical evidence it's taking a cautious approach. Watchdog did a survey and found another five clubs advise their players not to wear them.



Two weeks prior to Christmas a Worthys YFC player also fell foul to a blade injury, although not playing for the Worthies at the time. During the match he sustained a gash to the knee which was above the shin pad. This injury was caused by a bladed football boot during a tackle. The gash to his knee required two operations, one to clean the wound and the other to close it with 10 stitches. As a result he could not play again until February.

The adjacent photo is of a typical injury caused by a bladed football boot and inflicted upon one of our players.

Both as parents and a Club we have a responsibility to the safety of all players. The above injury was enough for us to decide as a club to ban our players from wearing blades with effect from the beginning of the new 2007/08 season.

By not imposing the ban until the new season we feel gives time for the correct footwear to be obtained. We hope that all can understand and are in agreement with our decision.

We have written to the Hampshire FA and leagues that our teams play in requesting that they do the same.

For further information, **contact:**

Paddy Mousley 01962 884 883 (Worthys YFC Child Welfare Officer)

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